

## 4th Annual House Staff Research Day

The Fourth Annual House Staff Research Day was held April 27th. As testament to the high level of academic and scholarly achievement at Winthrop, this year over 100 posters were submitted by house staff project teams.

Over the past decade, the ACGME has placed increasing emphasis on research as an essential component of the general and specialty program requirements. Program directors at Winthrop work diligently to provide residents with a robust research experience. Institutionally, Winthrop continues to invest substantial resources in its research enterprise.

Research Day has become a cornerstone training activity across all programs. It serves to promote individual appreciation for scientific discovery, to introduce junior residents to basic and advanced research skills, and to build relationships with faculty mentors and members of the research team. Residents are further encouraged to incorporate their research interests into professional practice once they complete training.

Posters were displayed throughout the Dr. Martin



Oral Presenters honored this year were (l.-r.): Marie Camacho-Halili, MD, Liliana Rios-Rojas, MD, Alain Cuna, MD, and Claudia Halaby, MD.

Spatz Conference Center and the Community Outreach Center where the day began with a keynote Research Grand Rounds lecture by Kenneth Kaushansky, MD, Dean, at Stony Brook University School of Medicine. Dr. Kaushansky spoke on the research topic of *Thrombopoietin: From Cloning to Clinic*. After lunch, the program continued with oral presentations of the top four submissions receiving the highest scores by the Judging Committee. This year, the oral presenters were:

### Marie Camacho-Halili, MD - Allergy & Immunology

Sara Axelrod-Malagold, MD, Allison Reiss, MD, Steven Carsons, MD, Luz Fonacier, MD, Iryna Voloshyna, PhD

Mentor: Allison Reiss, MD - Internal Medicine

- *IL-33 and its Role in Allergic Disease and Atherosclerosis*

### Alain Cuna, MD - Pediatrics

Nazeeh Hanna, MD, Lyn Quintos, MD, Laleh Hakima, MD, Bianca Fornier, MD, Poonam Khullar, MD

Mentor: Nazeeh Hanna, MD - Pediatrics

- *Is Histopathologic Chorioamnionitis a Useful Marker for Sepsis in Full Term Infants?*

### Claudia Halaby, MD - Pediatric Pulmonology

Ellen Gurzenda, Yuko Arita, PhD, Morgan Peltier, PhD, Nazeeh Hanna, MD

Mentor: Nazeeh Hanna, MD - Pediatrics

- *Can Prenatal Steroids Be a Risk Factor for Preterm Delivery*

### Liliana Rios-Rojas, MD - Internal Medicine

Shayan Shirazian, MD, Ingrid Calliste, MD, Shaunak Dwivedi, DO, Dara Huang, MD, Marilyn Richardson, BSN, James Drakakis, DO, Sudharani Dikkala, MBBS, Nobuyuki Miyawaki, MD, Steven Fishbane, MD

Mentor: Steven Fishbane, MD - Nephrology

- *Effect of Hemodialysis Ultrafiltration on Hemoconcentration and Whole Blood Viscosity*

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## Winthrop CME Program Refocuses on Integrating Quality and Education

The Continuing Medical Education program at Winthrop continues to revitalize itself and refocus curriculum at its CME accredited conferences on performance improvement, patient safety and faculty development needs. While traditional "updates" to medical knowledge are still provided, the Winthrop CME Committee has recognized that the "new" CME should address the clinical care performance, competency and clinician educator needs of our faculty.

As described by the Institute of Medicine in its landmark report on medical errors as the "quality chasm", accredited CME must be integrated into the institutional performance improvement and quality process. National CME organizations have termed these projects as "PI-CME" for special recognition among institutional CME providers and learners. PI-CME has also been embraced by the American Board of Medical Specialties, Part IV requirements for specialty Maintenance of Certification. To address this change, CME at Winthrop has been linked organizationally to the

quality management process via faculty members who sit on both the Quality Improvement Advisory Committee and the CME Committees. As such, the CME Committee has been briefed on the quality priorities of the institution so that they can consider these in the planning and approval of CME activities and vice versa. In addition, quality issues are being addressed in accredited CME activities via special projects. Currently underway is a project on DVT Prevention using a multi-disciplinary team of faculty, quality management and other clinicians. Other projects will be spawned under a new initiative called the CME Innovations Initiative. This program will award small, incentive grants to junior faculty interested in conducting a performance-improvement or faculty development project. The CME Committee will award the grants after a review and discussion of all proposals received. The goal is to promote innovation and to get more physicians interested in CME.

In concert with this redirection, David Davis, MD, et al, in a recent article published in Academic

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## Chief Academic Officer's Message

# Advancing Our Academic Mission

This issue of Academic Advisor is published at a transforming moment in the academic history of Winthrop University Hospital. Starting this July, we will have a Winthrop cohort of 40 medical students who will spend their full third-year and a portion of their fourth year of clinical training at Winthrop. This opportunity to bring greater relevance to the "university" in our name comes with enormous responsibility to provide the best possible learning experience to our students.

Our success as physician-educators has been directly linked to the enthusiasm and devotion of our faculty. The time is fitting therefore to congratulate those most responsible for achieving this milestone. The road to our academic recognition is a direct result of your dedication, talent and years of effort. You are our best, most valued resource. As an institution, we must continue to strive to support your efforts by providing you with the necessary resources for you to succeed in your work as educators and scholars. To begin to address this need, the Office of Academic Affairs will recruit a full-time Assistant Dean for Curriculum and Faculty Development. This professional will be charged with implementing a program to support the teaching and scholarship needs of our faculty and learners.

As I mentioned in my report to the faculty, June 13th at the Faculty Meeting, we are creating a stronger foundation for our academic future. Last fall, we initiated a GME strategic planning process



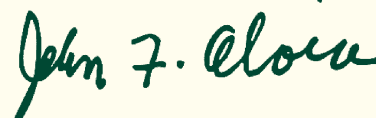
by holding our first GME Strategic Planning Retreat. The recommendations from this process will be published soon in a written GME strategic plan report. Our GME program is poised for a period of substantial growth with the expansion of existing programs and the creation of new programs if new funding can be found. The financial barrier to enlarging our GME program, however, is significant in the absence of additional GME funding under the current Medicare payment regulations.

In addition, our CME program has been reorganized and expanded to address the continuing education needs of our faculty by emphasizing the development of CME performance improvement activities. Performance improvement CME activities will be aligned with our institutional quality priorities. At the same time, our calendar of traditional courses and symposia has expanded with new specialty programs being offered this fall.

In the research arena, under the leadership of Dr. Alan Jacobson, the team continues to build a core of talented full time investigators. The first "theme" of the new Winthrop Research Institute is on diabetes, obesity & cardio-metabolic research. The new research building is in the final phases of design, with ground-breaking expected later this year.

To further support our educational efforts, another exciting project has been the planning of a Winthrop simulation center. We recognize that

simulation-based medical education capabilities is no longer a luxury item, but a necessity in training our residents and students in clinical skills, communications and team-based practice. It will also be a useful resource for our faculty for CME accredited activities. The project continues to move forward and we hope to announce a site location and final plans this fall.



Warmest regards,

John F. Aloia, MD  
Chief Academic Officer

## Acknowledgement

We are grateful for the voluntary efforts of our talented preceptors who participated in the new Ambulatory Medicine Clerkship that began this past year under the direction of Nicholas Berbari, MD. Thank you to:

Greg Ajemian, MD  
Scott Bloom, MD  
Anthony Calio, MD  
Michael Carl, DO  
Matthew Chengot, MD  
Mark Corapi, MD  
Kevin Curley, MD  
Albert Ferrara, DO  
Alexander Frangas, MD  
Peter Gelfand, DO  
Shirley Hanna, MD  
Robert Hirschberg, DO  
Bruce Horowitz, MD  
Jenifer Kramer, MD  
Renee Lefland, MD  
Lisa Lehnert, DO  
Paula Lester, MD  
Marlene Lobato, MD  
Jeff Loewy, DO  
Hue Ly, MD  
Lucy Macina, MD  
Melanie Maquine, MD  
Edgar Mendizabal, MD  
Elizabeth Mirro, MD  
Christopher Misciagno, MD  
Angela Mitrani-Schwartz, MD  
Deborah Newitz, MD  
Paul Orbon, DO  
Annamaria Patelli, MD  
Rosa Pereira, DO  
Purnima Popli, MD  
Sheba Poulouse, DO  
Gary Rosenblum, DO  
Jeffrey Scavron, MD  
David Seyburn, MD  
Albert Tse, MD

## New Residency in General Practice Dentistry Planned for 2012

Winthrop has completed the initial phase toward the start of a new residency program in General Practice Dentistry. The initial application to establish an accredited dental residency, with a total of eight residency positions, was submitted to the Commission on Dental Accreditation last April. The application was accepted by the Commission and Winthrop has been scheduled for an initial site visit by a Commission survey team this coming October 18th. A final decision on our accreditation is expected by next January, 2012. If approved as expected, Winthrop will begin its first class of general practice dentistry residents July 1, 2012.

To meet the requirements for accreditation, Winthrop recruited an experienced, full-time dentist who will also serve as both the department of dental medicine chair and residency program director. Andrei Barasch, DDS from

the University of Alabama School of Dental Medicine in Birmingham accepted the position in April and started on May 15. Dr. Barasch was a faculty member for many years at UAB and brings extensive experience in dental research, education and clinical care to Winthrop. His initial tasks will be to recruit a core group of community dentists to serve as voluntary program faculty, and to oversee the planning of a Winthrop outpatient dental clinic and residency training site on the Winthrop campus. Dr. Barasch will provide an important resource to our range of comprehensive patient care services. In addition to the outpatient clinic dental services that will open to Winthrop employees, their families and the community, plans include the development of an inpatient dental consultation service as well as emergency dental services for patients treated in the Emergency Department. ■

# 43rd Annual House Staff Graduation Celebration

## Department Faculty Recognized as Best Teachers of the Year

Over 400 graduating house staff, faculty, senior administrators and their guests gathered at the Garden City Hotel for the 43rd annual Winthrop graduation celebration. Each year, amidst the speeches, awards, cocktails and fine food, house staff come together one last time to congratulate each other on the completion of a long journey of medical education required to become a practicing physician. Most of the graduates have spent a minimum of three years in residency training here at Winthrop, while others have spent up to six years if they continued into a subspecialty fellowship. According to tradition, attendees were welcomed by Dr. John Aloia, Chief Academic Officer and Garry Schwall, Chief Operating Officer provided congratulatory remarks on behalf of the institution. This year's Master of Ceremonies, Dr. James Capozzi kept the awards portion of the celebration moving. The distinguished faculty receiving Attending's of the Year Awards by their graduating residents were:

### Department of Internal Medicine

Anthony Calio, MD (1)  
Salvatore Scoma, MD (2)

### Department of Obstetrics & Gynecology

Jeannine Villela, DO (no photo available)  
Salvatore Lopresti, MD (3)

### Department of Orthopaedics

James Capozzi, MD (4)

### Department of Pathology

Iman Hanna, MD (5)

### Department of Pediatrics

Lynn Quintos, MD (6)

### Department of Radiology

Man Hon, MD (7)

### Department of Surgery

George Hines, MD (8)



## Winthrop CME Refocuses on Integrating Quality and Education *(continued from cover)*

Medicine, describe CME as a means to support the needs of clinician-learners, especially in terms of preparing faculty in the skills of teaching, testing and how to incorporate knowledge management. New teaching (and learning) methods are necessary in addition to traditional didactic approaches. UME and GME educators must employ inter-professional strategies and use data derived from actual performance to guide individual and group learning. The faculty must be well versed in evidence-based medicine (EBM) to teach learners how to develop skills in formulating clinical questions, searching and finding answers, and applying critical appraisal techniques—required skills in everyday clinical practice situations. (Davis, MD, David A., Prescott, MD, John, et al, Rethinking CME: An Imperative for

Academic Medicine and Faculty Development, Academic Medicine, Vol. 86, No. 4 / April 2011.)

CME should become synonymous with faculty development as well. In this regard, the Academic Affairs Office has convened a group of WUH faculty who are recent graduates of the Stony Brook Fellowship in Medical Education program this past June. The plan is to utilize the new skills of this group to develop our clinician-educators who serve as core faculty to programs medical student, resident and CME programs. The group may also serve as a “steering committee” for a comprehensive faculty development program for Winthrop.

Amidst all these plans for the future of CME, more traditional specialty courses and symposia for the fall of 2011 abound. The fall schedule includes:

- **Turner Syndrome Symposium**  
Sep 16 Garden City Hotel
- **Robotic Radiosurgery Conference**  
Oct 14 Garden City Hotel
- **Breast Cancer Symposium**  
Oct 21 Garden City Hotel
- **Orthopaedics for Primary Care Medicine**  
Oct 29 Spatz Conference Center
- **Trauma Symposium**  
Nov 5 Garden City Hotel
- **7th Annual Stroke Symposium**  
Nov 14 Spatz Conference Center

For more information on upcoming CME events, visit our website at [www.winthrop.org/departments/education/cme](http://www.winthrop.org/departments/education/cme) ■

# WUH Graduates Select Career Paths

After many years of medical education, the final task is to become situated in a position post-graduation. Often an anxiety-filled process, Winthrop graduates typically “make their mark” by achieving their immediate career goal for either employment or continued training. Each year, we report the future plans of our graduates. Some graduates continue into fellowship, while others accept an independent practice opportunity or a more academically-oriented position at a medical school or teaching hospital. Here is a list of future paths selected by our recent graduates:

<b>Allergy &amp; Immunology</b>	Marie M. Camacho-Halili, MD	Private Practice in Allergy & Immunology	Riverdale, New Jersey
<b>Cardiovascular Disease</b>	Vatsal Inamdar, MD Bhavna Suri, MD	Electrophysiology Fellowship Interventional Cardiology Fellowship	Mayo Clinic - Phoenix, AZ WUH
<b>Endocrinology</b>	Tatiana Baron, DO	Private Practice Physician	New Hyde Park, NY
<b>Gastroenterology</b>	Jay Paul Babich, MD Gene Young Im, MD	Interventional Endoscopy Fellowship Transplant Hepatology Fellowship	Geisinger Medical Center, Danville, PA. Mt. Sinai, NY
<b>Geriatrics</b>	Rachel Ann Fermo, MD Kavita Jadhav Shah, MBBS Shadab Kalim, MBBS Farzana Matin, MBBS	Private Practice Hospitalist Internist Hospitalist	New York Carbondale, Illinois Altoona, Pennsylvania St. Lukes-Roosevelt Hosp NYC
<b>Infectious Disease</b>	Nardeen Mickail, MBChB Uzma Syed, DO	Private Practice Private Practice	East Setauket, NY West Islip, NY
<b>Internal Medicine</b>	Varvara Alexiadis, MD John Bello, MD Melissa Ann Charles, MD Marilyn Mathew Chengot, MD Michael Corbett, MD Alexis Delia, MD Jonathan Elias, MD Jonah Feldman, MD Leonard J. Gitter, MD Rani Modayil, MD Amar Nanavati, MD Syed Naqshbandi, MD Yelda Nouri, MD Anik Patel, MD Liliana Rios-Rojas, MD Lucan Rodrigues, MD Ritu Saha, MD Subha Shastry, MD Brooke Ann Squillace, MD Philip Stapleton, MD Srinivasa Ajay Tadepalli, MBBS Jason Wu, DO Zobaria Yaqoob, MD Pegah Yousefzadeh, DO	Endocrinology Fellowship Cardiology Fellowship Hospital Care Specialist Chief Resident 2011-2012 Infectious Disease Fellowship Cardiology Fellowship Cardiology Fellowship Chief Resident 2011-2012 Geriatrics Fellowship Gastroenterology Fellowship Private Practice Geriatrics Fellowship Hematology/Oncology Fellowship Hospital Care Specialist/ Research Geriatrics Fellowship Geriatrics/Palliative Care Gastroenterology Fellowship Nephrology Fellowship Pain Medicine & Palliative Care Fellow Rheumatology Fellowship Nephrology Fellowship Rheumatology Fellowship Hospital Care Specialist Hospital Care Specialist	WUH WUH Carolinas Medical Ctr, Charlotte, NC WUH Newark Beth Israel Medical Ctr, NJ WUH WUH WUH WUH WUH WUH New York, NY WUH SUNY at Stony Brook New York, NY WUH New York, NY WUH WUH WUH Beth Israel Medical Ctr, NY Wake Forest Baptist Medical Ctr, North Shore LIJ, New Hyde Park, NY WUH Brookhaven Hospital, Patchogue, NY Staten Island University, SI, NY
<b>Internal Medicine-Prelim</b>	Farrukh Ansari, MD Molly Cason, MD Ammar Ahmed Chaudhry, MD Allyson Louise Chesebro, MD Danielle Gluck, MD Mahsa Hoshmand Kochi, MD Rashmi Jayadevan, MD Aruna Kamath, MD Anuj Malhotra, MD Nita Nayak, MD Michael Purvin, MD Micheal Raj, MD Gabriella Reubins Ayman Sawas, MD Matthew Teng, MD	Anesthesiology Residency Anesthesiology Residency Radiology Residency Radiology Residency Anesthesiology Residency Radiology Residency Radiology Residency Radiology Residency Radiology Residency Diagnostic Radiology Residency Anesthesiology Residency Radiology Residency Anesthesiology Residency Diagnostic Radiology Residency Radiology Residency	NYU, NY Johns Hopkins Hospital, Baltimore, MD SUNY at Stony Brook Brigham and Women's Hospital Boston, MA The Mount Sinai Hospital, NY SUNY at Stony Brook BI Deaconess Medical Ctr, Boston, MA BI Deaconess Medical Ctr, Boston, MA Lenox Hill Hospital, NY Ronald Reagan Medical Ctr, UCLA, Los Angeles, CA Johns Hopkins Hospital, Baltimore, MD North Shore University Hospital, Msnhasset, NY NYU, NY University of Rochester Medical Ctr, Rochester, NY St. Luke's-Roosevelt Hospital, NY, NY
<b>Interventional Cardiology</b>	David Choi, DO Peter Farrugia, MD	Private Practice Private Practice	Lutheran Medical Group - Fort Wayne, ID Cardiology Assoc. of Ocean County, Brick, NJ
<b>Nephrology</b>	Shaunak Dwivedi, DO Dara Huang, MD	Private Practice/Nephrologist Private Practice/Nephrologist	New Brunswick, NJ New York, NY
<b>Obstetrics &amp; Gynecology</b>	Frances Casey, MD Terrissa Martin, MD Salma Rahimi, MD  Kerry Rut, DO	Family Planning Fellowship Private Practice Pelvic Medicine & Reconstructive Surgery Fellowship Private Practice	Washington Hospital Center Cityscape Ob/Gyn - New York University Hospital Mt. Sinai Medical Center  North Shore University Hospital in Syosset
<b>Pathology</b>	Sambit Kumar Mohanty, MBBS Yousef A. Soofi, MBBS	GU Pathology Fellowship Fellowship in Bone & Soft Tissue	Cedar Sinai Medical Center, Los Angeles, CA NYU Medical Center, NY, NY
<b>Pediatric Endocrinology</b>	Lesly Michel, MD Amrita Waingankar, MBBS	Private Practice Private Practice	NY Texas
<b>Pediatric Pulmonology</b>	Claudia Fernandez, MD	Private Practice	Florida

## Dr. Naidu Leads First “Real-World” Study to Compare Treatments for Hypertrophic Cardiomyopathy

In a “real-world” test of treatments for an overly thickened heart muscle, the use of alcohol injections to shrink the unwanted tissue appears to be significantly safer and less expensive than open-heart surgery to cut it away, according to a study presented today at the Society for Cardiovascular Angiography and Interventions (SCAI) 2011 Scientific Sessions. The new study is the first to compare newer, minimally invasive alcohol injections versus open-heart surgery for treating HOCM, using data from multiple hospitals in the United States and the types of patients doctors see in day-to-day practice. It was led by Srihari S. Naidu, MD, FSCAI, Director of the Cardiac Catheterization Laboratory and Program Director, Interventional Cardiology Fellowship at Winthrop in collaboration with Yamei Wang, Director of Biostatistics for The Medicines Company, in Parsippany, NJ.



“This study provides valuable information that will help guide real-world clinical decision-making in a vulnerable group of patients,” said Dr. Naidu. “It appears that a minimally invasive treatment may be an excellent treatment option that can save patients the expense, trauma and associated risk of open-heart surgery.” The study focused on patients with hypertrophic obstructive cardiomyopathy (HOCM), a genetic condition in which the walls of the heart grow excessively muscular and thick, and intrude

into the heart’s main pumping chamber, the left ventricle. If the wall between the right and left sides of the heart (the septum) becomes too thick, it can block the valve that allows blood to flow out of the left ventricle to the rest of the body. Patients with HOCM can experience dizziness, fainting, shortness of breath, chest pain, abnormal heart rhythms and heart failure. Blockage of blood flow out of the heart has also been associated with an increased risk of death, including sudden cardiac death.

Whether to perform surgery or alcohol injections has been the subject of intense debate. Most experts agree that both procedures relieve symptoms, but the consensus has been that surgery was safer, with less risk of scar-related rhythm abnormalities and, therefore, less need for a permanent pacemaker or defibrillator.

For the study, the researchers analyzed information entered between 2000 and 2010 into the PREMIER database, which receives data from about one out of six hospitals in the United States. During that time, 246 patients underwent open-heart surgery to remove unwanted heart muscle from the septum that divides the right and left sides of the heart (“isolated septal myectomy”) and 169 patients had alcohol injections into the obstructing tissue via a slender catheter threaded into the heart (“alcohol septal ablation”).

The patients who had alcohol injections were older than patients who underwent surgery (60 years old, on average, as compared with about 54 years,  $p=0.004$ ). Nonetheless, survival during the initial hospital stay was significantly higher among patients treated with alcohol injections (100 percent vs. 94.7 percent, respectively,  $p=0.002$ ). In addition, the risk of kidney damage requiring dialysis was significantly lower (0.0 percent vs. 2.4 percent,  $p=0.041$ ), and length of hospitalization was significantly shorter (3.8 days, on average, vs. 7.7 days,  $p<0.0001$ ). Patient cost, adjusted for inflation, were less than half that of surgery (\$14,154 vs. \$33,016,  $p<0.0001$ ).

There was a higher rate of mitral valve replacement in the myectomy group (27.7 percent vs. 0 percent,  $p<0.0001$ ), but after excluding patients who had valve replacement, there was still an advantage for mortality, length of stay and cost in the ablation group.

There was no significant difference between the two groups in the rates of stroke or the need for a permanent pacemaker or defibrillator. “In recent years, some of the best surgical centers have published in-hospital survival rates in excess of 99 percent, leading many to believe that surgery is as safe, or perhaps even safer, than the minimally invasive alternative – not just over the long-term, but even up-front while still in the hospital,” Dr. Naidu said. “Our data show pretty clearly that the real-world early safety of alcohol septal ablation appears far superior to that of surgery, and that the reported safety of surgery in the best centers isn’t necessarily generalizable to the larger community of HOCM patients.” ■

### WUH Graduates Select Career Paths *(continued from page 4)*

#### Pediatrics

Hena Akhtar, MBBS	Private Practice	
Giselle Barraza, MD	Peds Pulmonary Fellowship	WUH
Valerie Cohen, DO	Chief Resident	WUH
Alain Cuna, MD	Neonatology Fellowship	University of Alabama
Claudia Fernandez, MD	Peds Pulmonary Fellowship	WUH
David Gamez, MD	Endocrinology Fellowship	WUH
Kasia Klek, MD	Private Practice	
Ulka Kothari, MD	Chief Resident	WUH
Wendy Longo, DO	Private Practice	
Miriva Magar, MBBS	Private Practice	
Lesly Michel, MD	Peds Endocrine Fellowship	WUH
Asif Noor, MBBS	ID Fellowship	SUNY at Stony Brook
So Yeon Oh, MD	Military Service	
Uday Patil, MBBS	Neonatology Fellowship	New York University
Andrea Ali-Panzarella, DO	Private Practice	
Amrita Waingankar, MBBS	Peds Endocrine Fellowship	WUH
Marjel Zaldivar, DO	Private Practice	

#### Pulmonary/Critical Care

Yong Han Kim, MD	Sleep Medicine Fellowship	WUH Sleep Disorders Center
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#### Radiology

Katherine Lameka, MD	Nuclear Medicine Fellowship	Columbia University
Bryan Lazzara, MD	Neuroradiology Fellowship	Northwestern University
Jocelyn Luongo, MD	Breast Imaging Fellowship	Beth Israel Medical Center
Penny Saxon, MD	Women’s Imaging Fellowship	Mt. Sinai Medical Center
Luke Scalcione, MD	Musculoskeletal Fellowship	University of California, San Diego

#### Rheumatology

Rahul Sehgal, MBBS	Attending Physician	Marshfield Clinic, Marshfield WI
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#### Sleep Medicine

Paramjeet Kaur Atwal, MD	Attending Physician	Kaiser Permanente, Sacramento, CA
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# WUH Outperforms Prior Years in National Residency Matching Program

Winthrop-University Hospital's Graduate Medical Education programs had a strong National Residency Matching Program (NRMP) outcome for the upcoming 2010-2011 academic year. 100% of the slots submitted to the Match were successfully filled. Of the 44 positions listed in the match, 14% were filled with Stony Brook students. The success of the 2010-11 NRMP results continues to reinforce what current residents, faculty and students already know: Winthrop provides excellence in graduate medical education and is a highly desirable place to train. This year, Winthrop residency programs continued to recruit some of the best and the brightest candidates regionally and from across the country. The results are as follows:

## Internal Medicine

Internal Medicine entered 10 Categorical and 15 Preliminary positions into the Match. In the Categorical three-year program, 100% of the candidates were matched within the top one third of the rank order list (ROL). Half of the matched candidates are from US medical schools. The Categorical Program also filled 11 of its positions

outside the Match with strong candidates who are not obliged to go through the Match (DO's and graduates of international medical schools).

The one-year Preliminary program is for individuals entering other specialties, such as Radiology, which require a broad-based clinical training year. Results were exceptional. Of the 15 slots, six (40%) were filled with applicants from Stony Brook School of Medicine. The other nine schools include: George Washington University, University of South Florida, Albany, New York Medical College (3), SUNY Upstate, and NYU (2). The program matched 75% of its candidates in the top fifth of its rank order list.

## Pediatrics

Pediatrics submitted for a quota of 11 positions, and successfully filled all of them. 80% of the slots were matched within the top third of the ROL. The three US MDs are from Stony Brook, SUNY Upstate, and UMDNJ. The program filled its remaining positions with strong international medical school graduates. One candidate was accepted outside of the match from Technion University in Israel.

## Obstetrics and Gynecology

The program matched 75% in the top fifth of its Rank Order List, and 100% in the top 35%. All are US graduates: University of Miami, Stony Brook SOM, SUNY Downstate and Touro University Nevada.

## Diagnostic Radiology

Diagnostic Radiology matched three positions. The positions filled in the top 37% of the ROL, include students from Drexel University College of Medicine, New York Medical College, and Sackler.

## Pathology

Pathology successfully matched its single position an applicant from New York College of Osteopathic Medicine.

Nationally this year, 30,543 applicants vied for one of the 22,809 available first-year and 2,711 second-year residency positions; 16,070 of those applicants were U.S. allopathic medical school seniors. Certain national trends were evident this year:

- 93.3 percent of U.S. allopathic seniors matched in 2010, a slight increase over the 2009 figure of 93.1 percent.
- 47.3 percent of U.S. citizens trained in international medical schools were matched, down from the 2009 figure of 47.8 percent.
- The match rate for non-U.S. citizens trained in international medical schools continued to decline, from 48.9 percent in 2006 to 39.8 percent in 2010. ■

## Faculty and Resident Scholarship

**Michael Weinstein, MD**, Director, Winthrop Sleep Disorders Center and Program Director, Sleep Medicine Fellowship, has been selected to be Chair of the American Academy of Sleep Medicine's (AASM) Sleep Technologist Issues Committee. This is one of nine standing committees that the Academy maintains. Dr. Weinstein has been actively involved with the committee since its inception. The focus of the committee's work is on the development of accreditation guidelines and standards for the education of sleep technologists.

**John Roberts, MD** and **Shalinee Chawla, MD**, faculty members the Pediatrics Department and the Pulmonary Division respectively, graduated from the Stony Brook University School of Medicine, Fellowship in Medical Education Program on May 4, 2011. The 16 month program in faculty development is intended to assist faculty in acquiring the knowledge, skills and values needed to succeed in their academic roles as educators, scholars and members of the academic medical education community. The curriculum provides fellows skills in the areas of learning and teaching, curriculum, assessment, educational research, leadership and career development. Dr. Roberts and Dr. Chawla join the ranks of five other Winthrop faculty graduates who have completed the program since 2006. Past graduates are: Elise Belilos, MD, Paula Lester, MD, Bill Miyawaki, MD, Peter Spiegler, MD and Jill Leavens-Maurer, MD. Currently enrolled in the program are Kevin Curly, MD and Diane Johnson, MD.

**Marie Camacho-Halili, MD**, fellow in Allergy and Immunology, was awarded a grant from the American Academy of Allergy, Asthma and Immunology, February 2011. Dr. Camacho-Halili was also lead author for an article on "An Approach to Natalizumab Hypersensitivity: A Case Series of Induction of Tolerance", published in *Multiple Sclerosis Journal*. 2011;17: 250-253.

**Sara Axelrod, MD, fellow in Allergy and Immunology** has one article pending publication, one article published and also presented at a national meeting of the ACAAI:

- Axelrod, S., Davis-Lorton, M. Urticaria and Angioedema. *Mount Sinai Journal of Medicine*. Submitted. 2011
- Singh, K., Axelrod, S., Bielory, L. Epidemiology of ocular allergy. *JACI*. 126(4):278.
- Erythema Multiforme-like Bullous Pemphigoid Drug Eruption. Sara Axelrod M.D., M.P.H., Mark Davis-Lorton, M.D. ACAAI, 2010 National Meeting

**Internal Medicine residents, Alexis D'Elia, MD, Beenish Nazir, MBBS, and Colin Swenson, MD** had abstracts accepted for the 2011 New York American College of Physicians abstract competition.

**Anthony Vintzileos, MD, Chair of OBGYN**, has been appointed to serve on the Editorial Board of the *Journal of Ultrasound in Medicine* as the Obstetrics Ultrasound Subspecialty Editor. ■

Winthrop  
welcomes our  
Stony Brook  
University  
School of Medicine  
3<sup>rd</sup> Year  
Students!



# 4th Annual House Staff Research Day (continued from cover)

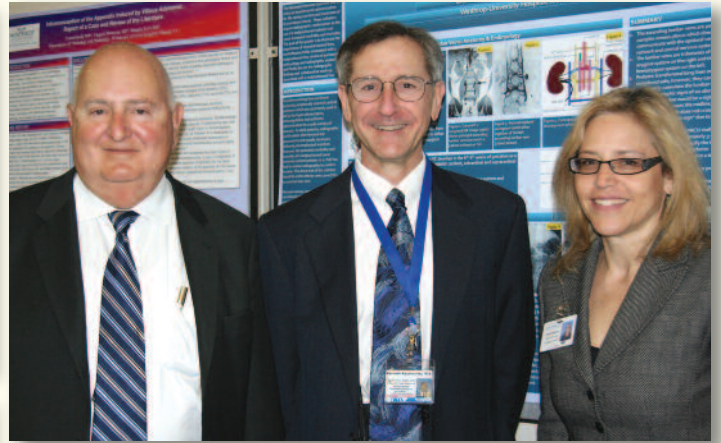
The formal proceedings concluded with an announcement of six awards for *Posters of Distinction*. Winners received a commemorative Research Day plaque and gift. The event was seamlessly organized by Kathryn Fay and Susan Guralnick, MD of the Office of Academic Affairs. The success of the event also was a result of the generous service, support and expertise of the 2011 Judging Committee members:

- Elise Belilos, MD
- Donald Brand, PhD
- Collin Brathwaite, MD
- Steven Carsons, MD
- Andrea Flieder, MD
- James Grendell, MD
- Nazeeh Hanna, MD
- Alan Jacobson, MD
- Douglas Katz, MD
- Wendy Kinzler, MD
- Naveed Masani, MD
- Elizabeth Wirkowski, MD

The committee was assisted by a panel of invited judges:

- Berhane Ghebrehiwet, DVM, DSc
- Shahidul Islam, MPH
- John McNeilis, MD
- Catherine Messina, PhD
- Ramona Rajapakse, MD
- Harry Staszewski, MD
- Ken Takermaru, PhD

For complete information on Research Day activities, go to [www.winthrop.org/departments/education/gme](http://www.winthrop.org/departments/education/gme) ■



John Aloia, MD, CAO, Kenneth Kaushansky, MD, Dean, Stony Brook University School of Medicine and Susan Guralnick, MD, Director of GME/DIO.



Recipients of Poster of Distinction Awards were (l.-r.): Abdul Moiz Hafiz, MBBS, Lalit Aneja, MBBS, Wadicar Nugent, MD, Laleh Hakima, DO, Lorna Ogden, MD, Gene Im, MD, and Rahul Sehgal, MBBS.



## Posters of Distinction Awards

### Lalit Aneja, MBBS - Internal Medicine

Nosha Farhadfar, MD

Mentor: Jeffrey Schneider, MD - Hematology/Oncology

- *Acute Myeloid Leukemia Associated with Klinefelter's Syndrome: A Case Report and Review of Literature*

### Abdul Moiz Hafiz, MBBS - Internal Medicine

Alexis D'Elia, MD, Miguel Lorenz, MD, Basil Alkhatib, MD, Shahidul Islam, MPH, Kevin Marzo, MD

Mentor: Kevin Marzo, MD - Cardiology

- *Pre-Hospital Delays in Acute Myocardial Infarction: Call 911 Not Your Doctor!*

### Laleh Hakima, DO, and Lorna Ogden, MD - Pathology

Poonam Khullar, MD, Jeannine Villella, DO

Mentor: Poonam Khullar, MD - Pathology

- *The Prognostic Significance of the Lower Uterine Segment Involvement in Endometrial Carcinoma*

### Gene Im, MD - Gastroenterology

Rani Modayil, MD, Martin Feuerman, MS, James Grendell, MD

Mentor: James Grendell, MD - Gastroenterology

- *A Prediction Model of Disease Severity in Clostridium Difficile-Associated Disease*

### Wadicar Nugent, MD - Hematology/Oncology

Nicole Durie, MD, Thomas Palaia, MS, Louis Ragolia, PhD, Iman Hanna, MD, Harry Staszewski, MD

Mentor: Harry Staszewski, MD - Hematology/Oncology

- *Retrospective Review of Endometrial Cancer (EC) Specimens in Individuals Less Than Age 50 for Microsatellite Instability Testing and DNA Mismatch Repair Enzyme Expression*

### Rahul Sehgal, MBBS - Rheumatology

Matthew Geller, DO, Joseph Mazzie, DO, Steven Carsons, MD, Elise Belilos, MD

Mentor: Steven Carsons, MD - Rheumatology

- *Eosinophilic Fasciitis and Polyserositis: A Case Report and Literature Review*

# Academic Advisor

Published by the Office of Academic Affairs

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# Faculty Academic Appointments 2010-2011

Congratulations to our Winthrop faculty who received an academic appointment at the Stony Brook University School of Medicine this past academic year, 2010-2011:

## Ambulatory Care

Agarwalla, Vipin, MD	Assistant Professor of Clinical Emergency Medicine
Baranin, Renee, MD	Assistant Professor of Clinical Emergency Medicine
Bernot, Randeye, MD	Assistant Professor of Clinical Ambulatory Care
Goldman, Jason, MD	Assistant Professor of Clinical Emergency Medicine
Liu, Jack, MD	Assistant Professor of Clinical Emergency Medicine
Raimo, Derreck, MD	Assistant Professor of Clinical Ambulatory Care
Venugopal, Ravi, MD	Assistant Professor of Clinical Emergency Medicine

## Anesthesiology

D'Arduini, Armando, MD	Assistant Professor of Clinical Anesthesiology
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## Medicine

Ahmed, Qanta	Associate Professor of Medicine
Ajemian, Gregory, MD	Clinical Assistant Professor of Medicine
Carl, Michael, DO	Clinical Assistant Professor of Medicine
Chengot, Mathew, MD	Clinical Assistant Professor of Medicine
Kramer, Jenifer, MD	Clinical Assistant Professor of Medicine
Lefland, Renee, MD	Clinical Assistant Professor of Medicine
Lobato, Marlene, MD	Clinical Associate Professor of Medicine
Mendizabel, Edgar, MD	Clinical Assistant Professor of Medicine
Mirro, Elizabeth, MD	Clinical Associate Professor of Medicine
Orbon, Paul, DO	Clinical Assistant Professor of Medicine
Patelli, Annamaria, MD	Clinical Assistant Professor of Medicine
Peragallo-Dittko, Virginia, RN	Professor of Clinical Medicine
Poulose, Sheba, DO	Clinical Assistant Professor of Medicine
Radin, Michael, MD	Assistant Professor of Medicine
Reiss, Allison Bethanne	Associate Professor of Medicine
Salzman, Steve, MD	Professor of Clinical Medicine
Shah, Rakesh, MD	Assistant Professor of Clinical Radiology

## Neurology

Yasen, Jay, MD	Associate Professor of Clinical Medicine
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## Ob/Gyn

Chavez, Martin R., MD	Associate Professor of Clinical Ob/Gyn
Finamore, Peter, MD	Assistant Professor of Clinical Ob/Gyn
Peltier, Morgan, Ph.D.	Associate Professor of Clinical OB/GYN & Reprod. M

## Pathology

Arendash, Barbara, MD	Assistant Professor of Clinical Pathology
Zhou, Jen (Jianhong), MD	Instructor of Clinical Pathology

## Pediatrics

Better, Donna, MD	Assistant Professor of Clinical Pediatrics
Johnson, Sheeba M., MD	Assistant Professor of Clinical Pediatrics
Kunjumon, Bgee, MD	Assistant Professor of Pediatrics
Montoya-Iraheta, Carlos, MD	Assistant Professor of Clinical Pediatrics
Naik Trupti, DO, FAAP	Assistant Professor of Clinical Pediatrics
Nayak, Amrita, MD	Assistant Professor of Pediatrics
Swedler, Jane, MD	Assistant Professor of Pediatrics
Zinzarella, Jeanne, MD	Assistant Research Professor of Pediatrics

## Radiology

Andrews, Janna Z., MD	Assistant Professor of Clinical Radiation Oncology
Dickson, Asante M	Assistant Professor of Clinical Radiology
Shah, Rakesh A., MD	Assistant Professor of Clinical Radiology

## Surgery

Barkan, Alexander	Assistant Professor of Clinical Surgery
DeMuro, Jonas, MD	Assistant Professor of Clinical Surgery
Garbus, Jule Elliott, MD	Clinical Assistant Professor of Surgery
Pappas, Dean, MD	Clinical Assistant Professor of Surgery

## Winthrop Adjusts to ACGME Revised Duty Hours Rules

The long awaited revised ACGME national resident duty hours went into effect July 1st. The revised rules have been met with a firestorm of controversy across the country when they were announced over a year ago and continued throughout a national comment period. Many institutions are struggling to comply. For the past year, GME program directors led by Susan Guralnick, MD, Director of GME and DIO, looked carefully at resident on-call and night float schedules to understand the impact of the new rules as well as to assure 100% institutional compliance come July. "Our fellowships were not affected since the new reductions in duty hours were focused at the PGY 1 and PGY 2 levels. Our core specialty programs, including Medicine, OBGYN, Pathology, Pediatrics made only minor changes." stated Dr. Guralnick. "Our program directors made adjustments rather easily, given that our programs have always respected the balance between resident service requirements and education." Residency programs at Winthrop are appropriately structured to assure that the resident's educational experience is the primary concern.

The ACGME's plan to further reduce resident duty hours came after a lengthy national debate over the correlation between duty hours, resident performance and patient safety. While safety is always a concern for every hospital, Winthrop is among the top five percent of hospitals nationwide for superior clinical performance, and only one of seven recipients in New York State to be named a Distinguished Hospital for Clinical Excellence™ by HealthGrades, the nation's most trusted source of healthcare information, reflecting our commitment to a culture of quality and safety. For a complete summary of the ACGME duty hours' requirements go to the Winthrop GME home page at [www.winthrop.org/departments/education/gme](http://www.winthrop.org/departments/education/gme) or go to [www.acgme.org](http://www.acgme.org) for more information. ■